

## **Terms of Reference (TOR): Facilitator – Digital Safety and Mental Health Resilience**

**Project Title:** Enhancing Nature Crimes Reporting and Community Awareness

**Training Dates:** August 29–30, 2025 (Check-in August 28; Check-out August 31)

**Location:** Kajiado County, Kenya

### **1. Background**

Journalists covering wildlife crime and conservation issues in Kenya often face threats ranging from online harassment, surveillance, and physical risks to the emotional toll of reporting sensitive stories. To strengthen resilience, AMWIK will integrate digital safety and mental health support as key components of its two-day journalist training in Kajiado County.

### **2. Objective of the Assignment**

The facilitator will deliver training on digital security for journalists and mental health resilience, providing participants with practical skills to stay safe online and cope with stress and trauma associated with investigative reporting.

### **3. Scope of Work**

The facilitator will:

- Design and deliver a session on digital safety, covering secure communication, data protection, countering online harassment, and basic cybersecurity.
- Facilitate a session on mental health resilience, focusing on trauma-informed reporting, stress management, peer support systems, and self-care strategies.
- Guide group reflections and exercises to reinforce practical application of skills.
- Provide tailored advice to journalists on handling threats and maintaining well-being.
- Contribute input into AMWIK’s mentorship framework, including referral pathways for psychosocial support.

### **4. Deliverables**

- Session plan and training materials (presentations, checklists, self-care tools).
- Facilitation of two sessions during the workshop
- Contribution to participant story pitch discussions from a safety and resilience perspective.
- Short facilitator’s report (3–4 pages) highlighting key insights, participant challenges, and recommendations for follow-up support.

### **5. Duration**

- Preparation: 2 days (before the training)
- Training delivery: 1 day (August 30, 2025)
- Reporting & mentorship input: during session

### **6. Qualifications**

- At least 5 years’ experience in digital safety, cybersecurity, or online rights advocacy, ideally with exposure to journalist protection work.
- Proven expertise in mental health training, psychosocial support, or trauma-informed journalism.

- Prior experience conducting training with journalists, civil society actors, or human rights defenders.
- Strong facilitation and interpersonal skills.

#### **Submission Details**

- **Deadline:** All applications must be submitted by **August 25<sup>th</sup> 2025**, at 5:00 PM EAT.
- **Email Address:** Send your application to [info@amwik.org](mailto:info@amwik.org) with the subject line: *“Facilitator Application – Investigative Journalism and Ethical Reporting”*